



**\$3.00 Suggested Donation**

# May 2022

Call 401-625-6790, at least 24 hours in advance,  
to order your delicious lunch!!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2 May Breakfast</b> 100% Orange Juice Scrambled Eggs w/Sliced Tomato <b>Baked Virginia Ham</b> French Toast w/syrup Greek Yogurt  Egg and cheese on a biscuit	3 Chicken soup w/ Orzo <b>Shepherd Pie w/ Ketchup</b> Garlic Spinach Brownie Wheat Bread  Pub Burger on roll w/ Ketchup	4 Pasta and Bean Soup <b>Salad Entrée</b> <b>Grilled Chicken w/ Mandarin</b> orange, Crunchy noodles, Tomato/Lettuce /Asian Dressing Roll Fresh Fruit Grilled Chicken on a roll	<b>5</b> Italian Wedding Soup <b>Veal Parm w/ sauce</b> Seasoned Shells Green Beans Pudding Italian Bread  Veal Parm on Italian	<b>6</b> <b>13 Mother's Day Luncheon</b> Onion Soup w/CROUTONS <b>Baked Chicken Quarter</b> Red Bliss Mashed Potatoes Capri Blend Vegetables Multi Grain Bread Coffee Cake  Grilled Chicken on roll
<b>9</b> Chicken Escarole Soup <b>Beef Stroganoff</b> Buttered Noodles California Blend Vegetables Cookie Marble Bread  (Roast Beef and cheese w/ mayo on Marble)	<b>10</b> Turkey Rice Soup <b>Fried Steak w/Country Gravy</b> Mashed Potatoes Roasted Zucchini Fresh Fruit Pumpernickel Bread  Fried Steak on Pumpernickel	<b>11</b> White Chowder <b>Tuna Salad</b> Italian Style Pasta Salad Cole Slaw Fig Newton Wrap  (Tuna on a wrap)	<b>12</b> Chicken Noodle Soup <b>Knockwurst w/Mustard</b> Boiled Potatoes Mixed Vegetable Fruit Cup Italian Bread  (Knockwurst w/ mustard on roll)	<b>13</b> Split Pea Soup <b>Baked Ham w/Pineapple Slice</b> Sweet Potatoes Roasted Cauliflower Fresh Fruit Oatmeal Bread  Ham and cheese w/ mustard on Oatmeal)
<b>16</b> Lentil Soup <b>Meatballs in Sauce</b> Seasoned Pasta Italian Vegetables Sliced Pears Dinner Roll  (Meatball Grinder on a Roll)	<b>17</b> Tomato Brown Rice Soup <b>Veal w/Mushroom Gravy</b> Oven Roasted Potatoes Sliced Carrots Lemon Pudding Rye Bread  (Veal on Rye)	<b>18</b> Cream of Broccoli Soup <b>Beef Wellington</b> Lyonnaise Potato Salad w/dressing Fruit Cup Pumpernickel bread  Egg salad on Pumpernickel	<b>19 Birthday Celebration</b> Beef Vegetable Soup <b>Chicken Cordon Bleu w/ Gravy</b> Rice Pilaf Asparagus Tips Frosted Cupcake Wheat Bread  (Chicken Salad on Wheat)	<b>20</b> Chicken Escarole Soup <b>Florentine Fish</b> Mashed Potatoes Mixed Vegetables Dinner Roll Fresh Fruit  (Fish w/ tartar sauce on a Bun)
<b>23</b> Vegetable Chowder <b>Marinated Grilled Chicken</b> Au Gratin Potatoes Roasted Brussels Sprouts Lorna Doones Rye Bread  (Chicken Salad on Rye)	<b>24</b> Chicken Vegetable Soup <b>Meatloaf w/Mushroom Gravy</b> Mashed Sweet Potatoes Roasted Vegetables Fresh Fruit Multi Grain Bread  (Meatloaf w/ ketchup on Multi Grain)	<b>25</b> Mushroom Barley Soup <b>Italian Sausage</b> Pesto Tortellini Peppers & Onions Ice Cream Sandwich Wheat Bread  Italian Sausage w/ mustard on a roll	<b>26</b> Cream of Spinach Soup <b>Pub Burger</b> Baked Beans Sliced Carrots Tropical Fruit Oatmeal Bread  Pub burger w/ mustard on roll	<b>27 Memorial Day Luncheon</b> Veggie Soup <b>Oven Roasted Airline Chicken</b> Wild Rice Broccoli / Cauliflower Blend Fresh Fruit Pumpernickel Bread  (Chicken and cheese on Pumpernickel)
<b>30</b> <b>CLOSED</b> <b>Memorial Day Observed</b>  	<b>31</b> Barley Soup <b>Low Sodium Hot Dog</b> Macaroni & Cheese Broccoli Fruit Bar Dinner Roll  (Hot Dog on a Roll w/ mustard)	<b>SUNDAY, MAY 8th</b> 	<i>All menu items may contain Nuts, seeds, beans, wheat bran, and other allergens</i>	<i>Funded in part by the US administration on aging and state funds by the Rhode Island Office of Healthy Aging</i>